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Fear and Anxiety in Social Setting

An Experimental Study

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Abstract: The purpose of this study was to examine the effects of dispositional and situational factors on cognitive biases. The theoretical background was based on Kimbrel's Mediated Model of Social Anxiety, namely the revised reinforcement sensitivity theory by Gray and McNaughton. Two experiments were conducted. Study 1 (78 participants [85.9% females, aged 19–21 years]) included the induction of potential social threat, while in Study 2 (121 participants [85.1% females, aged 19–23 years]) real threat was induced. The Reinforcement Sensitivity Questionnaire was used as a measure of personality traits (Behavioral Inhibition System [BIS], Behavioral Approach System [BAS], Fight, Flight, and Freeze). Cognitive biases were assessed with the Dot Probe Task (attentional bias), Incidental Free Recall Task (memory bias), and Social Probability Cost Questionnaire (judgmental bias). The probability of occurrence of negative events was higher in the experimental group. BIS contributed positively to the prediction of probability of occurrence of negative events; and Freeze was positively related to attention bias toward pleasant stimuli. The results of the second study showed that experimentally induced circumstances of social threats did not affect cognitive biases. BIS and Freeze contributed positively to prediction of probability and distress in social context, while BIS was positively related with probability of occurrence of negative social events.

Keywords: revised reinforcement sensitivity theory, social threat, potential versus real threat, cognitive biases

In its attempt to explain a wide range of behavioral outputs, the Reinforcement Sensitivity Theory, in both its original and revised versions (RST; Gray, 1987; rRST; Gray & McNaughton, 2000), has focused on the interplay between dispositional personality factors and situational parameters (constraints and affordances). RST is a biologically-based theory of personality that postulates three major subsystems of the brain underlie many of the individual differences seen in cognitive, emotional, and motivational reactions. Corr and McNaughton (2012) highlighted that the reinforcing properties of inputs are dependent on a process of evaluation. According to Gray's RST (Gray, 1987) there are three emotional systems: Behavioral Approach System (BAS), Behavioral Inhibition System (BIS), and Fight-Flight System (FFS). BAS is responsible for activation of behavior toward incentives. BIS is related to avoidance of conditioned aversive stimuli, while FFS is related to avoidance of unconditioned aversive stimuli. BIS and BAS are related to anxiety and impulsivity (Gray, 1981; Pickering, Corr, & Gray, 1999), while FFS is related to aggressiveness (Mitrović, Smederevac, & Čolović, 2008). In the revised model (Gray & McNaughton, 2000), the systems were modified: the expanded Fight-Flight-Freeze System (FFFS) is now responsive to all punishing and threatening stimuli; whereas the BIS is no sensitive to goal conflict (of all kinds

– it is engaged in direction of attention to conflicting stimuli, and has the task of attempting to resolve conflict by inhibiting ongoing action and biasing action toward the FFFS to facilitate defensive behavior (Gray & McNaughton, 2000). The BAS is now sensitive to all forms of rewarding (including relieving) stimuli.

Cognitive biases refer to the selective processing of emotionally relevant information (Mineka & Tomarken, 1989). Biased cognitive processing is related to different stages of information processing (e.g., perception, attention, memory, judgment, interpretation) as well as to different types of stimuli (negative or threatening stimuli, positive or pleasant stimuli). Bias occurring in the processing of information on social danger plays an important role in social anxiety experience. In socially-anxious individuals, bias in attention implies directions of attention toward threat during early, automatic stages of processing, whereas during later stages of processing, this type of bias includes direction of attention away from threat (Amir, Foa, & Coles, 1998). Memory bias refers to encoding, memorizing, and recalling negative or positive stimuli. Socially-anxious individuals exhibit memory biases for threatening social information (Mansell & Clark, 1999). Judgmental bias refers to the overestimation of the costs and/or probability of a negative event (Foa, Franklin, Perry, & Herbert, 1996).

74 Foa and Kozak (1986) proposed that social fears are charac-
75 terized by high negative valence (cost) for social scrutiny
76 and criticism as well as overestimation of their likelihood
77 (probability).

78 To date, few studies have addressed the problem of the
79 specific impacts of situational factors and personality traits
80 on a wider range of cognitive biases. Conceptual differ-
81 ences between the original and the revised RST (rRST;
82 Corr, 2008), as well as the multitude of cognitive biases
83 that have to be taken into account, add to the complexity
84 of this task. There are still no conclusive answers to a
85 number of questions concerning the relations between situ-
86 ational factors such as potential and real threats, disposi-
87 tions (personality traits), and cognitive biases – namely,
88 attention, memory, and judgmental biases.

89 Cognitive Biases – The Original 90 Reinforcement Sensitivity Theory 91 Perspective

92 The studies stemming from the original RST point to signif-
93 icant relations between personality traits and cognitive
94 biases, consistent with the “trait-congruency hypothesis”
95 (Rusting, 1998). According to this conceptual framework,
96 the behavioral approach system (BAS) is positively related
97 to cognitive biases toward pleasant stimuli, while the behav-
98 ioral inhibition system (BIS) predicts biases toward unpleas-
99 ant or threatening stimuli. A number of authors (Carver &
100 White, 1994; Gray, 1981, 1987; Tellegen, 1985; Tomarken
101 & Keener, 1998; Watson, Wiese, Vaidya, & Tellegen, 1999)
102 suggest that BIS and BAS are related to positive and negative
103 affectivity, and thus related to selective processing of emo-
104 tionally relevant stimuli. It has been shown that the BAS is
105 positively related to positive memory biases, and BIS to neg-
106 ative memory bias (Gomez, Cooper, McOrmond, & Tatlow,
107 2004; Gomez & Gomez, 2002). The results of some less
108 recent studies, not stemming from the RST framework, sup-
109 port the notion that anxiety is related to negative memory
110 bias (Breck & Smith, 1983; Claeys, 1989; Cloitre & Liebowitz,
111 1991; Eysenck & Byrne, 1994; O’Banion & Arkowitz, 1977).

112 A number of studies explored the relations between the
113 BIS and attentional biases, but this has proved inconclusive.
114 For example, there is evidence that the BIS does not corre-
115 late with attentional biases (Putman, Hermans, & van
116 Honk, 2004), and also that it is negatively correlated with
117 the propensity to divert attention away from negative stim-
118 uli (Avila & Torrubia, 2008). Some studies do indicate that
119 anxious individuals show attentional bias to threatening
120 stimuli and that this phenomenon is less typical of non-
121 anxious persons (e.g., Bar-Haim, Lamy, Pergamin,
122 Bakermans-Kranenburg, & Van Ijzendoorn, 2007; Mogg

& Bradley, 1998; Williams, Mathews, & MacLeod, 1996). 123
Avila and Parcet (2002) suggested that, in anxious individ- 124
uals, anterior attentional network is activated by noninform- 125
ative threat-related stimuli – an effect which does not 126
occur in non-anxious individuals. This finding points to 127
the possible effect of contextual factors on the relation 128
between the BIS and attention processes. 129

Based on Gray’s and McNaughton’s work (Gray & 130
McNaughton, 2000), Kimbrel (2008) assumed that the 131
cognitive biases for negative stimuli are caused by height- 132
ened BIS sensitivity. Therefore, it is expected that judgmen- 133
tal bias or perception of threat would be positively related to 134
BIS and FFFS under conditions of social threat. Results of 135
previous research (e.g., Kimbrel, 2009; Kimbrel, Nelson- 136
Gray, & Mitchell, 2012) are consistent with this hypothesis. 137
Namely, BIS sensitivity is positively correlated with percep- 138
tion of threat, while BAS is negatively related to perception 139
of threat. 140

The Revised Reinforcement Sensitivity 141 Theory Perspective 142

143 Within the revised RST, social situations have been 144
recognized as particularly relevant triggers of neuropsycho- 145
logical systems’ activity. Some social situations comprise a 146
combination of potential reward and punishment (i.e., 147
approach-avoidance conflict; Gray & McNaughton, 2003) 148
such as situations of social interaction (e.g., conversation 149
with attractive person), which if sufficiently intense should 150
lead to the activation of the BIS. Besides the approach- 151
avoidance conflict, some social situations (e.g., public speak- 152
ing) include actual threats to a person’s self-esteem and, 153
thus, can trigger the activity of the fight/flight/freeze system 154
(FFFS; i.e., fear-related reactions; Smederevac, Mitrović, 155
Čolović, & Nikolašević, 2014). Gray and McNaughton 156
(2000) suggest that majority of specific phobias do not stem 157
from classical conditioning, but rather from unconditioned 158
reactions to innate fear stimuli, which include elevated 159
activity of the FFFS. Supporting this distinction, Kimbrel 160
(2008) pointed to the distinction between two classes of 161
social situations, namely the “innate anxiety stimuli” and 162
“innate fear stimuli.” The former imply the approach-avoid- 163
ance conflict, while the latter comprise high likelihood of 164
negative evaluation along with the low likelihood of reward, 165
provoking reactions of fear (Kimbrel, 2008). However, the 166
specific effects of situational and dispositional features on 167
cognitive biases have not explored in any detail yet.

168 Judgmental bias, in particular, is considered to be one of 169
crucial factors in the development and maintenance of 170
social anxiety (e.g., Rapee & Heimberg, 1997; Rheingold, 171
Herbert, & Franklin, 2003). Results have shown that

socially anxious individuals tend to overestimate the likelihood and potential consequences of negative social events (e.g., Amir, Beard, & Bower, 2005; Foa et al., 1996; Poulton & Andrews, 1996; Rheingold et al., 2003; Smári, Pétursdóttir, & Þorsteinsdóttir, 2001; Zou & Abbott, 2012). Attentional bias for negative social information implies selective direction of attention toward the threat (Bar-Haim et al., 2007; MacLeod, Mathews, & Tata, 1986; Mogg & Bradley, 1998); and results point to selective direction of attention to threatening social information in socially anxious individuals (Chen, Ehlers, Clark, & Mansell, 2002; Mogg & Bradley, 2002; Mogg, Philippot, & Bradley, 2004; Pishyar, Harris, & Menzies, 2004; Sposari & Rapee, 2007). The results of a study by Amir, Foa, and Coles (2000) suggest that memory biases in word recall and word memorizing occur in socially anxious participants. However, although studies (not necessarily stemming from rRST) have demonstrated the relevance of social situations for several classes of cognitive biases, the results are not thoroughly consistent. Kimbrel (2009) found that attentional bias is not significantly related to other variables in the model, including BIS and BAS sensitivity (conceptualized according to the original RST). However, a number of empirical findings suggest that attention bias is related to dispositional features (e.g., Amir & Foa, 2001; Asmundson & Stein, 1994; Becker, Rinck, Margraf, & Roth, 2001; Hope, Rapee, Heimberg, & Dombek, 1990; Lundh & Öst, 1996; Mattia, Heimberg, & Hope, 1993), as well as to hypersensitivity of the amygdala (Fox, Hane, & Pine, 2007; Hariri et al., 2005). These inconsistencies may, at least partly, be attributed to methodological factors. To examine attention, Kimbrel used verbal stimuli, which can decrease the ecological validity of the data. Images of human faces with specific emotional expressions are considered to be more appropriate stimuli than verbal material in studies of relations between attentional processes and emotions (Calamaras, 2010; Kindt & Brosschot, 1997). Besides being more ecologically valid (Foa & Kozak, 1986; Lang, 1979), visual stimuli do not trigger semantic information processing, and thus do not cause the confounding of semantic and attentional processes (Weierich, Treat, & Hollingworth, 2008). One of Kimbrel's methodological recommendations is to use dot-probe tasks for the estimation of attentional biases (Kimbrel, 2009).

Current Study – Conceptual and Methodological Issues

Kimbrel et al.'s study (2012) is so far the only one that offers a more detailed insight into the relations between

RST constructs, perception of threat, and cognitive biases. However, several issues still remain unresolved. Kimbrel's (2008) model includes cognitive biases as mediators between traits and socially anxious reactions, and thus does not directly respond to the issue of effects of situational and dispositional features on cognitive processes. The results (Kimbrel et al., 2012) show positive effect of BIS-FFFS sensitivity on cognitive bias, as well as the negative effect of BAS. However, the specific impacts of BIS and FFFS were not examined. Perception of threat was shown to load on the same latent dimension as several cognitive biases, but the actual effects of different kinds of threat (actual vs. potential) were not investigated (Kimbrel et al., 2012).

The current study attempts to address the problem of particular effects of situational features (potential and actual social threats) and personality traits (rRST constructs) on three classes of cognitive biases: memory, attentional, and judgmental biases. The study builds on Kimbrel et al.'s (2012) work both in conceptual and methodological respects. Namely, the conceptual framework of these studies is the Mediated Model of Social Anxiety (MMSA; Kimbrel, 2009; Kimbrel et al., 2012) which is based on Gray's reinforcement sensitivity theory. MMSA is unique because it integrates a different factor (e.g., personality, environmental, cognitive) into a unified model. Because MMSA has not yet been tested extensively and research on this model has emerged in recent years (Kimbrel, 2009; Kimbrel et al., 2012; Randelović, 2016), the purpose of the present study is to provide an initial investigation into new aspects of the model. One of the basic assumptions of MMSA is that cognitive biases would be most pronounced under conditions of social threat because these conditions should activate defensive systems of personality (BIS and FFFS; Kimbrel, 2008). However, the design of Kimbrel's study, which is correlative in nature, limits a direct test of the mentioned hypothesis. As theoretical and empirical data predicted, cognitive biases would be emerged under different social circumstances. Hence, the main goals in this study are: (1) to examine the effects of BIS, BAS, FFFS, and potential social threaten biases in attention, memory, and judgment and (2) to examine the effects of BIS, BAS, FFFS, and actual social threat on biases in attention, memory, and judgment. In Study 1 we assumed that (a) the potential social threat would have significant effect on judgmental biases. Specifically, assessment of probability of occurrence of negative events and distress would be higher in the group who faced potential social threat than the control group. We assumed that there are no significant effects of potential social threat on biases in attention and memory, which is consistent with the results of some previous studies (e.g., Finucane, Whiteman, & Power, 2010; Mansell & Clark, 1999);

(b) BIS and FFFS would have significant effects on biases in attention, memory, and judgment. In Study 2 our hypotheses are as follows: (a) there are no significant effects of actual social threat on cognitive processing (attention, memory, and judgment); (b) BIS and FFFS would have significant effects on biases in attention, memory, and judgment.

The novel aspects of this research in comparison with Kimbrel et al.'s study (2012) are: (a) application of experimental research design; (b) examination of the effects of important situational factors, specially examination of the effects of actual social threat which employed different valences of nonverbal feedback (negative, positive, and neutral) given by the professors; (c) using rRST, and (d) assessing attention bias with dot-probe task. Thus, to examine the effect of situational factors on cognitive biases, we employed two experimental procedures which included potential and actual social threat. In order to address the issue of effects of personality traits, we included the measures of rRST constructs. In order to avoid confounds and to ensure better ecological validity, several methodological recommendations made by Kimbrel were also adopted, such as the use of dot-probe task, and the use of nonverbal measures of attentional biases (pictures of human faces expressing emotions of joy and fear; Calamaras, 2010; Kindt & Brosschot, 1997). According to the theoretical framework and the results of previous studies (Gray & McNaughton, 2003; Kimbrel et al., 2012), positive effects of BIS on cognitive biases may be expected in a situation of potential social threat, while positive effects of FFFS are more likely to occur in a situation of actual threat. According to the theoretical framework and the results of previous studies (Gray & McNaughton, 2003; Kimbrel et al., 2012), positive effects of BIS on cognitive biases may be expected in a situation of potential social threat (Experiment 1), while positive effects of FFFS are more likely to occur in a situation of actual threat (Experiment 2).

Experiment 1

Participants

The sample of 118 first and second year psychology students from the Faculty of Philosophy in Novi Sad (83.1% females), took part in the experimental phase of the study (the initial phase included gathering of demographic and questionnaire data). Participants were randomly assigned to conditions (experimental and control group). After the experimental phase of the study, 8 (9.4%)

participants who "saw through" the experimental situation were excluded, while 20 (23.6%) participants were excluded due to an extensive number of errors (above 15%; according to previous research, e.g., Dinić, 2014) on the dot-probe task, and additional 12 (14.6%) due to incomplete data. Thus 78 participants (85.9% females), aged 19–25 years ($M = 20.03$, $SD = 1$) were included in the final sample. Each group included 39 participants. The groups did not differ with respect to gender ($\chi^2_{(1)} = .43$; $p = .52$), or year of study ($\chi^2_{(1)} = .43$; $p = .52$). Groups did not differ significantly with respect to personality traits (BIS: $t_{(73)} = 1.52$; $p = .13$; BAS: $t_{(73)} = -1.13$; $p = .26$; Fight: $t_{(73)} = .48$; $p = .63$; Flight: $t_{(73)} = -.66$; $p = .51$; Freeze: $t_{(73)} = 1.15$; $p = .26$). There were no multivariate outliers, while 17 univariate outliers ($z > \pm 2.50$) were retained due to relatively small size of the groups. The participants provided written consent to participate in the study. The study was approved by the Departmental Ethical Committee (date: May 27th, 2014).

In order to estimate the optimal sample size for the experiment, a priori power analysis was conducted in G*Power 3.1.9.2 (Faul, Erdfelder, Lang, & Buchner, 2007), according to recommendations by Dattalo (2008). Tests for multivariate analysis of variance (MANOVA) global effects (F tests), adjusted for MANCOVA, were performed. The results showed that, with two groups, five covariates, and five response variables, assuming $\alpha = .05$, in order to detect an effect of medium size ($f^2(U) = .15$) with 80% power, total sample size of $N = 49$ would be needed, with $f_c(30, 154) = 1.53$, $\lambda = 29.4$, Wilks $U = .57$.

In order to check effectiveness of experimental manipulation the state of anxiety was assessed with the state version of the State-Trait Anxiety Inventory (State-Trait Anxiety Inventory for Adults – STAI; Spielberger, Gorsuch & Lushene, 1970; Spielberger, in preparation [Authentic add to references list]). The results show that there are significant effects of experimental manipulation on state of anxiety. Assessment of level of anxiety is higher in the group who faced potential social threat than the control group (experimental group: $M = 2.58$; $SD = 0.66$; control group: $M = 1.90$; $SD = 0.65$; $t_{(76)} = 4.572$; $p < .001$). In debriefing phase, participants who "saw through the experimental situation" informed experimenter that they didn't believe in experimental manipulation. All of them were in experimental group. Results show that participants who "saw through the experimental situation" have lower level of anxiety ($M = 1.75$; $SD = 0.79$) in comparison with experimental group ($t_{(45)} = 3.145$; $p < .001$), while there was no difference between first mentioned group and control group ($t_{(45)} = .592$; $p = .557$). This result indicates how far the experimental manipulation did not work.

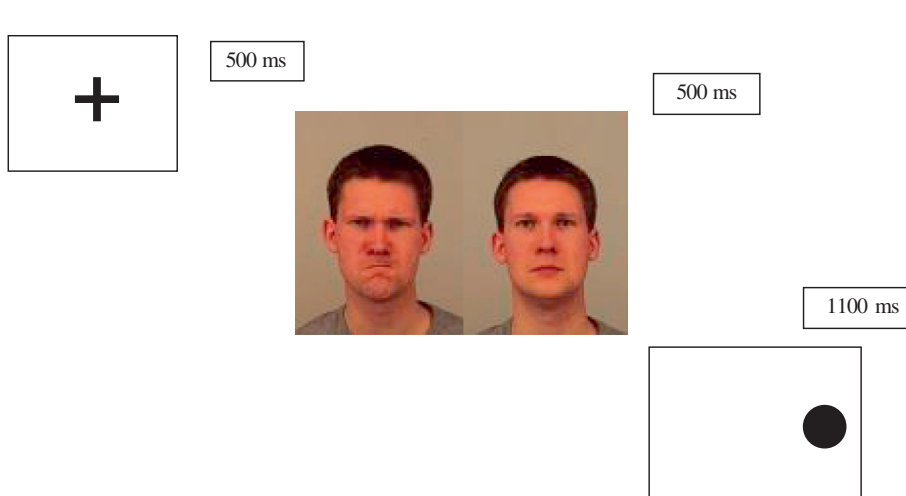


Figure 1. The trial timing of dot probe task.

Measures

The Reinforcement Sensitivity Questionnaire (RSQ; Smederevac et al., 2014)

The questionnaire was designed as a measure of the revised Reinforcement Sensitivity Theory constructs. In the initial and subsequent studies, the scale showed adequate internal and convergent validity (Krupić, Corr, Ručević, Križanić, & Gračanin, 2016; Smederevac et al., 2014). The questionnaire consists of 29 items with 4-point rating scales ranging from 1 (= *completely disagree*) to 4 (= *completely agree*): BIS (7 items; item example: “I often worry that I may be criticized”), BAS (6 items; item example: “I readily accept new and exciting situations”), Fight (6 items; item example: “Whenever I am attacked, I fight back without hesitation”), Flight (5 items; “Whenever I am in a dangerous situation, I do my best to get out of it”), and Freeze (5 items; item example: “I tend to “freeze” in threatening situations”).

Dot Probe Task (DPT)

The Dot Probe Task is a measure of attention biases by means of reaction time (RT). The task applied in this study was developed according to procedures applied in previous studies (e.g., Calamaras, 2010; Mogg & Bradley, 1999; Tran, Lamplmayr, Pintzinger, & Pfabigan, 2013). The tasks consisted of 150 picture stimuli acquired from the Karolinska Directed Emotional Faces (KDEF) base (Lundqvist, Flykt, & Öhman, 1998). The choice of stimuli was made according to the original KDEF validation study (Goeleven, De Raedt, Leyman, & Verschuere, 2008). The pictures show 50 models (25 females and 25 males, aged 20–30 years), whose faces were photographed in three different emotional expressions: anger, joy, and neutral. Therefore, there were 50 pictures with threatening facial expressions, 50 with joyful expressions, and 50 neutral. Experimental trials involved paired pictures, whereby each

picture of anger/joy was paired with a neutral picture. The overall procedure included 250 trials. Each pair of pictures (anger – neutral and joyful – neutral) was presented twice (on the left and on the right side of the screen), adding up to 200 trials. Besides these, there were 50 filler trials consisting of neutral/neutral pairs. The pictures were presented on the computer one next to another, while the sequence of pictures was randomized for each participant. Before each trial, a focal stimulus (“+”) appeared in the center of the screen, and the stimulus followed 500 ms later. The exposition of stimuli lasted 500 ms (see Figure 1). The dot retrieval took place immediately after the disappearance of the stimulus. The dot was exposed for 1,100 ms. The dot appeared the same number of times on the left and on the right side of the screen. Thus the dot was once on the side of a valent (emotionally charged) stimulus (congruent, RTC trials), and the second time on the side of a neutral stimulus (incongruent, RTI trials). Bias indexes (BI) for threatening and pleasant stimuli were calculated, according to the formula $BI = RTI - RTC$ (Tran et al., 2013). The positive BI score points to higher bias, more precisely to more pronounced direction of attention to stimuli of certain valence (attention vigilance). The opposite case points to diverting of attention, in other words to diverting from further processing the information.

The Incidental Free Recall Task (IFRT)

This task assesses memory bias by the average number of memorized words of positive/negative valence. There were 38 words in total, split into three lists to control for serial position effect (Kimbrel et al., 2012), whereby 30 words were stimuli (15 positive and 15 negative), while 8 words (4 positive and 4 negative) served as “buffers.” The buffers were presented at the beginning/end of each list, in order to control for the effect of the serial position (the position of the word in the list). The buffers were not used in the

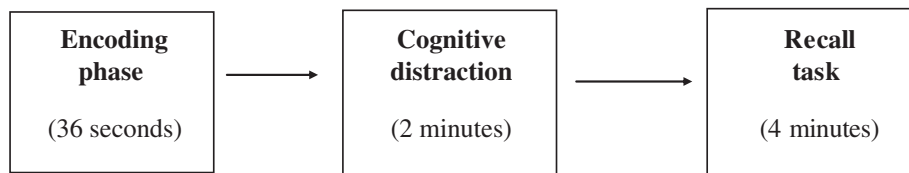


Figure 2. The trial timing of incidental free recall task.

441 statistical analyses (Mansell & Clark, 1999). The three word
 442 lists were assembled taking into account the condition that
 443 there are no more than two negative or positive words in a
 444 row (Mansell & Clark, 1999). According to recommenda-
 445 tions from previous studies (Kimbrel et al., 2012), the cate-
 446 gories of words of different valence were equal with regard
 447 to word length and frequency. The choice of words was
 448 based on the results of a pilot study where negative words
 449 (related to social anxiety and low social achievement) were
 450 detected, as well as the positive words which denoted social
 451 achievement and social success. Within each block, the
 452 words were shown on the screen in sequence. In the
 453 “encoding phase,” the participant’s task was to estimate
 454 whether the words describe the way that others see and
 455 estimate them during public appearances (by pressing the
 456 left mouse button for yes, and right for no). This phase
 457 was followed by a 2-minute cognitive distraction, where
 458 the procedure by Breck and Smith (1983) was applied.
 459 The participants were asked to mark (“strike through”)
 460 letter E on a sheet of paper where letters were printed in
 461 a random order. Upon the end of this task, the participants
 462 were asked to write as many words as they remembered
 463 from the encoding phase, regardless of the order in which
 464 the words were shown. This phase lasted 4 min (see
 465 Figure 2). Within blocks, the list of words and the letter that
 466 had to be marked were varied, while the memory task was
 467 the same. The index of negative memory bias was calcu-
 468 lated by subtracting the number of positive words from
 469 the number of negative words. Negative scores point to
 470 memory bias toward negative words (Kimbrel, 2009;
 471 Matthews, Mogg, May, & Eysenck, 1989).

472 **The Social Probability Cost Questionnaire (SPCQ;** 473 **McManus, Clark, & Hackmann, 2000)**

474 The SPCQ is a measure of judgmental biases, and com-
 475 prises two 33-item scales. On a scale from 0 to 100, the
 476 participants rate how bad or disturbing each of the given
 477 social events (in the near future) can be for them (0 = *not*
 478 *at all bad*, 100 = *really bad*), as well as how likely each of the
 479 events is to happen to them (0 = *not at all likely*, 100 = *almost*
 480 *sure to happen*). The items describe social events like *being*
 481 *criticized*, *saying something stupid*, *beginning to stutter*,
 482 *opinion will be ridiculed*, and so forth. Both scales have
 483 shown satisfactory internal consistency ($\alpha = .96$; $\alpha = .97$)
 484 in a study by McManus et al. (2000). Given that the SPCQ

485 had not thus far been applied to the Serbian population, a
 486 validation study was conducted, which showed that the
 487 measure had satisfactory validity, reliability, representative-
 488 ness, and homogeneity (Randelović & Randelović, 2014).

489 **Procedure**

490 Two weeks prior to the experimental procedure, partici-
 491 pants completed the personality assessment measures.
 492 The experimental procedure included the induction of
 493 potential social threat, namely the “*Bogus-speech threat*
 494 *manipulation*” (BSTM), which was designed in accordance
 495 with similar procedures applied in previous studies (e.g.,
 496 Lee & Telch, 2008; Singh, 2011). Participants were ran-
 497 domly assigned to two experimental conditions. In both
 498 groups, participants’ task was to write up a design of an
 499 experimental study on a chosen topic (Violence, Corruption,
 500 and Proneness to risky behavior). Task completion time
 501 was limited to 10 min. Both groups were informed that
 502 the study designs will be rated by a three-member commit-
 503 tee, consisting of university teachers. In the Experimental
 504 Group, the participants were additionally “required” to give
 505 oral presentations of their designs before the committee.
 506 In the Control Group, there was no such requirement.
 507 Upon the completion of the written part of the task, study
 508 designs were “forwarded” to the committee, while the
 509 participants completed the computer-administered tasks
 510 and the questionnaires. After the dependent variables
 511 were assessed, written and oral debriefing was given to
 512 participants.

513 **Results**

514 Multivariate analysis of covariance (MANCOVA) was used
 515 in order to examine the relations between the independent
 516 variables (experimental conditions and personality traits)
 517 on cognitive biases. Experimental condition (two levels: oral
 518 or no-oral presentation) was the categorical predictor, and
 519 factor scores on rRSQ dimensions were continuous predic-
 520 tors. The following cognitive bias indexes were entered as
 521 dependent variables: two measures of judgmental biases
 522 (likely cost associated with the upcoming negative events,
 523 and probability that the event will happen), two indexes
 524 of attention biases (attention biases for threatening and

Table 1. Experiment 1: Descriptive statistics and bivariate correlations (Pearson correlations; two-tailed) [Author: please check added zeros in front of the dots (e.g., for the values of M and SD)]

Variable	BIS	BAS	Fight	Flight	Freeze	SPCQ – cost	SPCQ – probability	AB – th	AB – pl	NMBI
BAS	-.51***									
Fight	.07	.17								
Flight	.34**	-.14	-.10							
Freeze	.64***	-.23*	-.02	.52***						
SPCQ – cost	.41***	-.22*	.11	.18	.28*					
SPCQ – probability	.30**	-.13	.22	.03	.24*	.63***				
AB – th	-.11	.11	-.08	-.17	-.24*	-.01	.11			
AB – pl	.09	.07	.11	-.02	.26*	.10	.09	-.24*		
NMBI	-.23*	.06	-.05	-.03	-.11	-.18	-.14	-.13	-.05	
M	2.20	2.75	2.3	2.72	1.90	32.23	34.27	-0.65	0.31	-0.67
SD	0.61	0.55	0.59	0.55	0.63	16.26	15.89	25.44	24.42	2.31
α	.82	.78	.76	.61	.79	.94	.94			

Notes. $N = 78$. BAS = Behavioral Approach System; BIS = Behavioral Inhibition System; SPCQ – cost = judgmental bias – assessment of cost (negative impact) of events in near future; SPCQ – probability = judgmental bias – assessment of likelihood of negative events in near future; AB – th = attention bias toward threatening stimuli; AB – pl = attention bias toward pleasant stimuli; NMBI = Negative Memory Bias. * $p < .05$, ** $p < .01$, *** $p < .001$. [Author: all two-tailed?]



pleasant stimuli), and an index of negative memory bias. For the grouping variable (experimental condition), deviation coding was applied.

Bivariate correlations (Table 1) show strong positive correlations between BIS and Freeze, Flight, and Freeze, as well as between two modalities of judgmental bias. BIS and BAS correlated moderately and negatively.

MANCOVA (Table 2) suggests that the set of independent variables explained a substantial amount of the variance of SPCQ – cost ($p < .05$) and SPCQ – probability ($p < .05$). BIS was the only factor to significantly (and positively) contribute to the prediction of SPCQ – cost. Experimental condition predicted the score on SPCQ – probability, whereby the experimental group scored significantly higher than the control group ($M_{\text{exp}} = 36.21$; $M_{\text{cont}} = 28.24$; $F_{(1)} = 4.20$, $p < .05$). Freeze contributed significantly and positively to the prediction of attention bias toward pleasant stimuli.

Behavioral parameters for attentional bias (response times – RT) are showed in Tables 3 and 4.

Discussion

The results provide support for both the assumption that situational features affect cognitive biases, and for Gray's hypothesis that BIS contributes to the perception of potential dangers. The results indicate that the assessment of probability of occurrence of negative events and distress is higher in the group who faced potential social threat. This result is consistent with the assumptions, supported by both the rRST (Gray & McNaughton, 2003) and Kimbrel's model (2008) that the situational feature triggers the

perception of social threats. The activating event (the anticipation of public exposure), launches the “cognitive scheme of danger,” which is the basis for increased alertness.

Regardless of the experimental manipulation, BIS is responsible for the anticipation of negative outcomes in new and ambiguous situations (Corr, 2011; Gray & McNaughton, 2003). The results indicate that BIS as a dispositional factor, shapes the estimation of occurrence of negative outcomes in new situations. With regard to the characteristics of the experimental manipulation, it may be important to point out that the situation did significantly differ from the usual circumstances that the participants were accustomed to during course practical. Namely, it is possible that the work on a new task itself (preparation of speech) did contribute to the overall perception of tension among participants.

Experimentally induced potential social threat did not affect either attention or memory biases. This result is in line with recent studies, which report that different quality of induced affects (e.g., happiness and sadness) has no effect on the various aspects of attention (alertness, orientation, and selectivity; Finucane et al., 2010). The only effect that is registered in the domain of attention bias is the effect of Freeze on attention bias toward positive stimuli. Although there is a possibility that this effect is an artifact, this result may point to the tendency of people scoring high on Freeze to focus their attention on pleasant stimuli. Namely, a person can revert to the mechanisms that would enable a “getaway” from a new and potentially demanding situation. In light of these results, this mechanism may point to positive information as the distraction in potentially threatening situations.

Table 2. Experiment 1: Results of MANCOVA [Author: (1) please check, if edits of values and Note are correct. (2) Std. SE, correct?]

Variable	SPCQ – cost	SPCQ – probability	AB – th	AB – pl	NMBI
	<i>B</i> (β)	<i>B</i> (β)	<i>B</i> (β)	<i>B</i> (β)	<i>B</i> (β)
BIS	8.69 (.33)*	4.12 (.16)	7.87 (.19)	-3.97 (-.10)	-1.28 (-.34)
BAS	-1.1 (-.04)	-0.91 (-.03)	6.55 (.14)	3.17 (.07)	-0.27 (-.06)
Fight	2.54 (.09)	5.37 (.20)	-5.46 (-.13)	4.05 (.10)	-0.08 (-.02)
Flight	2.72 (.09)	-1.82 (-.06)	-3.78 (-.08)	-8.84 (-.20)	0.3 (.07)
Freeze	-0.14 (-.01)	3.62 (.14)	-11.34 (-.28)	17.28 (.45)*	0.09 (.02)
EC	3.04 (.19)	3.56 (.23)*	-1.47 (-.06)	-0.39 (-.02)	0.51 (.22)
<i>R</i> ²	.21	.19	.09	.13	.11
Adj. <i>R</i> ²	.15	.13	.01	.05	.03
<i>F</i> _(1,71)	3.22	2.84	1.19	1.72	1.41
ECexper.					
<i>M</i>	36.21	38.87	-2.71	1.19	-0.28
<i>SD</i>	15.63	15.83	26.28	29.39	2.23
<i>SE</i>	2.50	2.53	4.21	4.71	0.36
ECcontr.					
<i>M</i>	28.24	29.67	1.41	-0.58	-1.05
<i>SD</i>	16.08	14.76	24.75	18.52	2.34
<i>SE</i>	2.57	2.36	3.96	2.97	0.37
Total					
<i>M</i>	32.23	34.27	0.65	0.31	-0.67
<i>SD</i>	16.25	15.89	25.44	24.42	2.31
<i>SE</i>	1.84	1.80	2.88	2.76	0.26

Notes. *N* = 78. BIS = Behavioral Inhibition System; BAS = Behavioral Approach System; EC = experimental condition as a independent variable (potential dependent); Adj. *R*² = [do we need a explanation here?]; *F* = [Author: please provide explanation]; ECexper. = [Author: please provide explanation]; ECcontr. = [Author: please provide explanation]; SPCQ – cost = judgmental bias – assessment of cost (negative impact) of events in near future; SPCQ – probability = judgmental bias – assessment of likelihood of negative events in near future; AB – th = attention bias toward threatening stimuli; AB – pl = attention bias toward pleasant stimuli; NMBI = Negative Memory Bias; SPCQ – cost, SPCQ – probability, AB – th, AB – pl, NMBI as dependent variables; *B* = unstandardized regression coefficients; β = standardized regression coefficients. **p* < .05, ***p* < .01, ****p* < .001. [Author: are p values one- or two-tailed?]

Table 3. Experiment 1: Behavioral parameters for attentional bias (response times – RT)[Author: please check if edits in values for *M* and *Ku* are correct, zeros in front added.]

Attentional bias		Min	Max	<i>M</i>	<i>SD</i>	Sk	<i>Ku</i>
RT	RTC_anger	289.83	558.45	392.19	58.29	.331	-0.232
	RTL_anger	275.28	577.36	391.54	61.89	.586	0.268
	RTC_joy	272.19	555.91	392.39	59.26	.387	-0.197
	RTL_joy	278.44	528.72	392.70	62.08	.309	-0.589
	RT_neutral	352.91	640.91	484.79	74.56	.215	-0.696
Bias indexes	BL_anger	-52.80	58.15	-0.65	25.44	.013	-0.197
	BL_joy	-67.29	69.39	0.31	24.42	-.282	1.194

Notes. *N* = 78. RT = Response Times; RTC_anger = congruent trials for threatening stimuli; RTL_anger = incongruent trials for threatening stimuli; RTC_joy = congruent trials for pleasant stimuli; RTL_joy = incongruent trials for pleasant stimuli; RT_neutral = responses times for neutral stimuli; BL_anger = bias indexes for threatening stimuli; BL_joy = bias indexes for pleasant [Author: edit correct? was clear] stimuli; Sk = Skewness; *Ku* = Kurtosis. [Author: provide significance of bold value]

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Experiment 2

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Participants

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At the end of Phase 1 of the study, during which demographic and questionnaire data were gathered, the sample

comprised 169 students of the first and second years from the Faculty of Philosophy in Niš. A total of 150 participants took part in the experimental phase of the study. Four participants withdrew during the write-up of draft speeches, while additional four withdrew in the later stages of the study. The data of 21 (31.5%) participants were excluded from the

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Table 4. Experiment 1: Behavioral parameters of attentional bias (response times – RT)

	Attentional bias	Group	Min	Max	<i>M</i>	<i>SD</i>	Sk	Ku
RT	RTC_anger	E	293.01	507.28	396.27	53.65	.236	–0.308
		K	289.83	558.45	388.10	63.02	.455	–0.120
	RTI_anger	E	275.28	545.92	393.56	61.51	.552	0.237
		K	292.76	577.36	389.52	63.01	.648	0.509
	RTC_joy	E	272.19	527.68	398.14	59.14	.228	–0.259
		K	290.54	555.91	386.64	59.59	.573	0.142
RTI_joy	E	305.83	528.72	399.33	59.75	.470	–0.327	
	K	278.44	525.94	386.06	64.40	.246	–0.820	
Bias indexes	RT_neutral	E	357.86	633.36	491.07	71.60	.142	–0.616
		K	352.91	640.91	478.50	77.83	.323	–0.667
	BI_anger	E	–52.80	58.15	–2.71	26.28	.334	0.058
		K	–47.83	52.44	1.41	24.75	–.336	–0.122
	BI_joy	E	–67.29	69.39	1.19	29.39	–.430	0.584
		K	–44.09	55.33	–0.58	18.52	.140	1.395

Notes. $N_E = 39$; $N_K = 39$. RT = Response Times; RTC_anger = congruent trials for threatening stimuli; RTI_anger = incongruent trials for threatening stimuli; RTC_joy = congruent trials for pleasant stimuli; RTI_joy = incongruent trials for pleasant stimuli; RT_neutral = responses times for neutral stimuli; BI_anger = bias indexes for threatening stimuli; BI_joy = bias indexes for pleasant stimuli; E = experimental group; K = control group; Sk = Skewness; Ku = Kurtosis. [Author: please check added Explanations and zeros in values of *M* and *Ku*; also provide the significance of bold values in Table

analyses: 14 (21%) failed to complete the entire set of measures administered in the study, 3 (4.5%) claimed that they “saw through” the experimental manipulation, 3 (4.5%) were univariate outliers ($z > \pm 2.50$), and 1 (1.5%) multivariate outlier (Tabachnick & Fidell, 2007). Therefore, the final sample comprised 121 participants (103 [85.1%] female), aged 19–23 years ($M = 19.80$, $SD = 0.78$). Experimental and control groups are equal with respect to gender ($\chi^2_{(2)} = 1.44$, $p = .49$) and year of study ($\chi^2_{(2)} = .90$, $p = .64$). The participants were randomly assigned to groups. The groups do not differ with regard to personality traits – BIS: $F_{(2,118)} = .07$; $p = .93$; BAS: $F_{(2,118)} = -.14$; $p = .87$; Fight: $F_{(2,118)} = .05$; $p = .95$; Flight: $F_{(2,118)} = -.82$; $p = .44$; Freeze: $F_{(2,118)} = .03$; $p = .98$). The participants provided written consent to participate in the study. The study was approved by the Ethical Committee at the Department of Psychology, Faculty of Philosophy, University of Novi Sad (date: May 27th, 2014).

A priori power analysis was conducted in G*Power 3.1.9.2 (Faul et al., 2007) in order to determine the optimal sample size. Tests for MANOVA global effects (F tests), adjusted for MANCOVA, were performed. The results showed that, with three groups, five covariates, and five response variables, assuming $\alpha = .05$, in order to detect an effect of medium size ($f^2(U) = .15$) with 80% power, total sample size of $N = 56$ participants would be needed, with $f_c(35, 187.52) = 1.49$, $\lambda = 35.34$, Wilks $U = .56$.

Procedure

The experimental procedure took place two weeks after the demographic and questionnaire data were gathered.

A Social threat induction procedure (STIP) was applied, also known as “The public speech task” (e.g., Bielak & Moscovitch, 2012; Kimbrel, 2008, 2009; Kimbrel et al., 2012; Mansell, Clark, Ehlers, & Chen, 1999). Participants’ task was to give a presentation on a chosen topic (using a written draft) before a committee who assessed their presentation skills by giving nonverbal feedback to presenters. Participants were randomly assigned to three experimental conditions, which differed by the valence of the feedback (nonverbal signals expressed by the committee). The conditions were chosen according to previous studies (Chaikin, Sigler, & Derlega, 1974; Perowne & Mansell, 2002; Veljaca & Rapee, 1998), and were named Negative Feedback (NF), Positive Feedback (PF), and Neutral Feedback (NF). The first two conditions included three nonverbal signals each (NF: frowning, shaking head left to right as a sign of disagreement, leaning back as a sign of rejection; PF: smile as a sign of recognition, nodding head as a sign of agreement, leaning forward as a sign of interest and liking), while neutral feedback implied the lack of facial expression and bodily motions.

During the experimental procedure, sheets of paper with three topics (1. Violence, 2. Corruption, 3. Proneness to risky behaviors) printed out were administered to participants, with the instruction to pick only one topic and write a draft speech in 10 min. After that, the experimenter randomly took the drafts from the participants, in order for the examiners to randomly call out the students to give speeches. Each of the participants had 1 min to present the topic to the committee, while the examiners “rated public speech skills” by giving nonverbal feedback. The experimenter controlled the timing using a stopwatch.

Table 5. Experiment 2: Descriptive statistics and bivariate correlations (Pearson correlations; two-tailed)

Variable	BIS	BAS	Fight	Flight	Freeze	SPCQ – cost	SPCQ – probability	AB – th	AB – pl	NMBI
BAS	-.35***									
Fight	-.03	.18								
Flight	.48***	-.11	.05							
Freeze	.58***	-.29**	-.15	.46***						
SPCQ – cost	.48***	-.08	.03	.35***	.47***					
SPCQ – probability	.41***	-.07	-.10	.30**	.38***	.73***				
AB – th	.08	-.12	.07	-.04	-.03	-.10	-.11			
AB – pl	.16	-.12	-.02	.01	-.05	.05	.09	-.31**		
NMBI	.03	.01	-.01	-.06	.06	.01	.00	.00	.06	
<i>M</i>	2.29	2.94	2.42	2.60	1.91	36.04	37.16	-4.01	1.12	-0.21
<i>SD</i>	0.58	0.49	0.62	0.49	0.62	2.58	19.77	23.12	27.96	2.05
α	.78	.72	.82	.50	.77	.96	.95			

Notes. $N = 121$. BAS = Behavioral Approach System; BIS = Behavioral Inhibition System; SPCQ – cost = judgmental bias – assessment of cost (negative impact) of events in near future; SPCQ – probability = judgmental bias – assessment of likelihood of negative events in near future; AB – th = attention bias toward threatening stimuli; AB – pl = attention bias toward pleasant stimuli; NMBI = Negative Memory Bias. **[Author: please check addition in notes and added zeros for SD value]**

657 The whole procedure lasted approximately 35 min. After
658 the presentations were completed, the participants from
659 the same group went to the computer classroom, where
660 cognitive biases were assessed. This phase lasted 40 min.
661 The last phase of the experiment was the debriefing.

662 Measures

663 The same measures as in Experiment 1 were applied. The
664 only difference was that the instructions were in the past
665 tense, since it was important to know how the participants
666 felt in the current situation of social threat.

667 Results

668 Bivariate correlations (Table 5) suggest that the indepen-
669 dents correlate moderately, except for BIS and Freeze,
670 which show somewhat stronger positive correlation, as well
671 as two SPCQ variables, which correlate strongly and posi-
672 tively. BIS, Flight, and Freeze correlate moderately and
673 positively with the two SPCQ variables. Two indexes of
674 attention bias correlate modestly and negatively.

675 MANCOVA (Table 6) shows that the set of independents
676 explained a substantial amount of variance of SPCQ – cost
677 ($p < .001$) and SPCQ – probability ($p < .001$). BIS and Freeze
678 contributed positively to prediction of SPCQ – cost. BIS posi-
679 tively affected attention biases toward pleasant stimuli,
680 while Freeze was negatively related to attention bias toward
681 pleasant stimuli. While bivariate correlations between
682 attention bias toward pleasant stimuli and BIS as well as
683 FFFS were nonsignificant the same relations were signifi-
684 cant in the MANCOVA. Namely, in MANCOVA, statistical

685 significance of standardized β coefficient for Freeze is
686 0.046. This is a marginally statistically significant result
687 and should be taken with reserve. Statistical significance
688 of standardized β coefficient for BIS is 0.022. This result
689 is theoretically implausible and most probably an artifact.
690 This effect may be attributed to outliers. Experimental
691 conditions did not affect any of the dependents.

692 Behavioral parameters for attentional bias (response
693 times – RT) are showed in Tables 7 and 8.

694 Discussion

695 Experimentally induced circumstances of social threats, in
696 their own regard, do not affect attentional, memory, or
697 judgmental biases. The situation which was to provoke a
698 real threat was apparently strong enough for the partici-
699 pants in all three groups, so that the effect of experimental
700 manipulation did not occur. In other words, preparation of a
701 speech and presentation before the professors is perceived
702 as a consistent social distress regardless of the type of
703 nonverbal feedback. BIS and Freeze have significant effects
704 on judgmental and attention biases. BIS and Freeze are
705 positively related to the assessment of cost of occurrence
706 of undesirable social events, while BIS affects the assess-
707 ment of distress. Such effects occur in groups of highly
708 socially anxious individuals in experimental conditions
709 similar to the conditions in this study (Pozo, Carver,
710 Wellens, & Scheier, 1991; Winton, Clark, & Edelman,
711 1995). However, although this study did not include a group
712 of high-anxiety subjects, it did include a highly provocative
713 situation, which can be perceived as an intense social
714 stressor (the presence of authority and the importance of

Table 6. Experiment 2: Results of MANCOVA [Author: (1) please check, if edit values and Notes are correct. (2) Std. Error was replaced with SE, correct?]

Variable	SPCQ – cost	SPCQ – probability	AB – th	AB – pl	NMBI
	<i>B</i> (β)	<i>B</i> (β)	<i>B</i> (β)	<i>B</i> (β)	<i>B</i> (β)
BIS	11.06 (.31)**	10.62 (.31)*	5.38 (.14)	13.42 (.28)*	0.17 (.05)
BAS	4.4 (.11)	4.87 (.12)	-6.46 (-.14)	-4.9 (-.09)	0.17 (.04)
Fight	2.03 (.06)	-2.89 (-.09)	3.59 (.10)	-1.43 (-.03)	0.01 (.00)
Flight	2.44 (.06)	3.33 (.08)	-4.46 (-.10)	-1.11 (-.02)	-0.46 (-.11)
Freeze	9.86 (.30)**	5.63 (.18)	-3.57 (-.10)	-10.6 (-.24)*	0.32 (.10)
EC1	2.26 (.09)	1.08 (.04)	3.65 (.13)	-0.81 (-.02)	-0.19 (-.07)
EC2	-1.51 (-.06)	-2.15 (-.09)	-0.42 (-.01)	-4.16 (-.12)	0.00 (.00)
<i>R</i> ²	.31	.23	.05	.08	.02
Adj. <i>R</i> ²	.27	.18	.00	.03	-.04
<i>F</i> _(2,118)	7.24	4.77	0.94	1.50	0.33
EC1					
<i>M</i>	38.81	38.88	-1.07	0.05	-0.41
<i>SD</i>	20.99	19.54	24.24	28.33	2.37
<i>SE</i>	3.28	3.05	3.79	4.42	0.37
EC2					
<i>M</i>	34.54	35.10	-4.18	-2.47	-0.19
<i>SD</i>	18.97	18.31	21.42	26.86	1.85
<i>SE</i>	2.96	2.86	3.35	4.19	0.29
EC3					
<i>M</i>	34.71	37.53	-6.93	6.62	0.00
<i>SD</i>	21.97	21.71	23.85	28.71	1.92
<i>SE</i>	3.52	3.48	3.82	4.60	0.31
Total					
<i>M</i>	36.04	37.16	-4.01	1.12	-0.21
<i>SD</i>	20.58	19.77	23.12	27.96	2.05
<i>SE</i>	1.87	1.78	2.10	2.54	0.19

Note. *N* = 121. BIS = Behavioral Inhibition System; BAS = Behavioral Approach System; EC1 – experimental condition 1 as a independent variable (negative feedback); EC2 – experimental condition 2 as a independent variable (positive feedback); EC3 – experimental condition 3 as a independent variable (neutral feedback); Adj. *R*² = [Author: do we need a explanation here?]; *F* = [Author: please provide explanation]; SPCQ – cost = judgmental bias – assessment of cost (negative impact) of events in near future; SPCQ – probability = judgmental bias – assessment of likelihood of negative events in near future; AB – th = attention bias toward threatening stimuli; AB – pl = attention bias toward pleasant stimuli; NMBI = Negative Memory Bias; SPCQ – cost, SPCQ – probability, AB – th, AB – pl, NMBI as dependent variables; *B* = unstandardized regression coefficients; β = standardized regression coefficients. **p* < .05, ***p* < .01, ****p* < .001. [Author: are p values one- or two-tailed]

Table 7. Experiment 2: Behavioral parameters for attentional bias (response times – RT)

Attentional bias		Min	Max	<i>M</i>	<i>SD</i>	Sk	Ku
RT	RTC_anger	331.41	627.19	432.92	55.92	0.767	0.799
	RTI_anger	323.48	609.48	428.91	57.65	0.724	0.562
	RTC_joy	338.06	597.86	432.61	53.95	0.750	0.713
	RTI_joy	338.61	677.83	433.72	63.51	1.201	2.376
	RT_neutral	408.14	726.32	532.10	69.10	0.583	0.316
Bias indexes	BI_anger	-62.11	58.52	-4.00	23.12	0.312	0.128
	BI_joy	-79.82	81.06	1.12	27.96	0.334	1.153

Note. *N* = 121. RT = Response Times; RTC_anger = congruent trials for threatening stimuli; RTI_anger = incongruent trials for threatening stimuli; RTC_joy = congruent trials for pleasant stimuli; RTI_joy = incongruent trials for pleasant stimuli; RT_neutral = responses times for neutral stimuli; BI_anger = bias indexes for threatening stimuli; BI_joy = bias indexes for pleasant stimuli; Sk = Skewness; Ku = Kurtosis. [Author: addit explanation correct? Please check also the added zeros in value Sk and Ku; also provide the significance of bold vaues in Table]

Table 8. Experiment 2: Behavioral parameters for attentional bias (response times – RT) [Author: please check added zeros in front of values of M, Sk, Ku]

Attentional bias	Group	Min	Max	<i>M</i>	<i>SD</i>	Sk	Ku
RTC_anger	NEGF	354.37	594.80	436.17	57.65	0.944	0.688
	POZF	349.09	552.63	429.81	52.23	0.168	-0.810
	NEUF	331.41	627.19	432.76	59.00	1.053	2.142
RTI_anger	NEGF	341.00	609.48	435.10	59.74	1.047	1.203
	POZF	334.24	556.36	425.63	55.93	0.396	-0.209
	NEUF	323.48	575.84	425.84	58.18	0.707	0.673
RTC_joy	NEGF	359.15	586.53	438.23	54.29	0.955	0.986
	POZF	342.10	552.65	428.48	52.92	0.382	-0.225
	NEUF	338.06	597.86	431.04	55.55	0.950	1.580
RTI_joy	NEGF	338.61	656.50	438.27	70.09	1.211	1.854
	POZF	340.06	554.22	426.01	51.47	0.239	-0.573
	NEUF	343.50	677.83	437.05	68.42	1.490	3.356
RT_neutral	NEGF	416.18	726.32	535.22	72.79	0.945	0.858
	POZF	408.14	650.23	526.50	66.15	0.058	-0.976
	NEUF	413.95	720.95	534.71	69.61	0.636	0.802
BI_anger	NEGF	-45.19	47.39	-1.07	24.24	0.334	-0.537
	POZF	-50.69	58.49	-4.16	21.42	0.351	0.881
	NEUF	-62.11	58.52	-6.93	23.85	0.274	0.538
BI_joy	NEGF	-37.04	81.06	0.05	28.33	1.077	0.892
	POZF	-79.82	45.56	-2.47	26.86	-0.870	1.680
	NEUF	-55.81	80.92	6.02	28.71	0.611	0.957

Notes. $N_{NEGF} = 41$; $N_{POZF} = 41$; $N_{NEUF} = 39$. RTC_anger = congruent trials for threatening stimuli; RTI_anger = incongruent trials for threatening stimuli; RTC_joy = congruent trials for pleasant stimuli; RTI_joy = incongruent trials for pleasant stimuli; RT_neutral = responses times for neutral stimuli; BI_anger = bias indexes for threatening stimuli; BI_joy = bias indexes for pleasant stimuli; NEGF = Negative Feedback; POZF = Positive Feedback; NEUF = Neutral Feedback. [Author: provide the significance of bold vaues in Table 8]

715 their feedback). The emergence of BIS as the primary
716 positive correlate of threat perception is in line with the
717 expectations stemming from both MMSA and RST (Corr,
718 2011; Gray & McNaughton, 2003; Kimbrel, 2008). People
719 who tend to perceive the environment as potentially threat-
720 ening and harassing, appear to show pronounced negative
721 judgmental bias.

722 Behavioral Inhibition System reactivity was a significant
723 positive predictor of attention bias toward pleasant stimuli.
724 It is possible that the positive stimuli in the case of real
725 danger may represent an adequate distractor, which
726 attracts the attention of people with high BIS. On the other
727 hand, people with high Freeze may perceive pleasant stim-
728 uli as a disturbing factor that interferes with cognitive pro-
729 cesses responsible for the processing of signals of danger.

730 Final Discussion

731 The overall goal of this study was to explore the differences
732 in cognitive processes in two different situations, which
733 provoke potential and real threat. Results are in line with

734 the basic premises of rRST (Gray & McNaughton, 2003),
735 pointing to the differences between the cognitive processes
736 associated with anxiety and fear. In case of potential
737 threats, the role of cognitive processes is to detect possible
738 inconvenience and distress, whereby BIS plays a key role in
739 shaping of cognitive biases related to the cost of future
740 events. Besides, BIS has a crucial role in the processes of
741 signals of real danger. People with high BIS experience each
742 new situation as an opportunity to scan the environment in
743 search of possible dangers and risks. Differences between
744 potential and actual threats are reflected in different cogni-
745 tive processes that are activated under the influence of BIS.
746 In the case of potential threats, BIS contributes to the
747 assessment of cost, while in the circumstances of real
748 threat, it contributes to attention biases as well.

749 The role of pleasant stimuli is particularly important for
750 the understanding of attention focus in provocative situa-
751 tions. In case of potential threats, pleasant stimuli serve
752 as distractors for people with high Freeze, while in the case
753 of real threats, pleasant stimuli are distractors for people
754 with high BIS. Focusing on positive stimuli in people with
755 high Freeze may point to specific cognitive strategies for
756 coping with potential stress. Positive stimuli serve the same

purpose for the people with high BIS in cases of real danger. The results point to the possibility that the type of threat may be a moderator of the effects of BIS and Freeze on attention biases to pleasant stimuli. An alternative explanation for this result is the finding that people with high BIS and Freeze point greater attention to positive stimuli because they are incongruent with the threat that currently occupies their cognitive capacities. Certainly this is a provocative result, which raises the question of cognitive processing of positive stimuli in stressful situations.

Importantly, differences between results which are related to effects of personality traits on cognitive biases, can be explained by using different assessment methods. In line with this, the judgment biases were assessed by self-reports, whereas attention biases and memory biases were measured based on task performance. Therefore, the judgment biases and the personality measures probably share more method variance what could also explain why SPCQ was generally more strongly related to rRST constructs. Previous evidence suggests that correlations between personality dimensions and processing of emotional stimuli are small (e.g., Gomez & Gomez, 2002; Kerns, 2005; Vermeulen, Luminet, & Corneille, 2006). Therefore, future research should include multi-method assessment of BIS, BAS, and FFFS sensitivity (e.g., behavioral tasks) and measurement of judgmental biases based on task performance.

Experimental manipulation affects only the cognitive processes that can be easily modeled under the influence of the current circumstances, such as cognitive bias. The lack of any effect on memory processes indicates that short-term effects provoked by experimental conditions were not sufficient to cause changes in memory. In other words, it is possible that stressful situations trigger the activity of working memory, but not long-term memory.

It should be noted that cognitive biases were measured after the threatening situation. For instance, the attentional bias toward positive stimuli in high BIS individuals may also be mediated by feelings of relief that the stressing situation has been overcome. Thus, the two experiments mainly differ in the temporal relation between the social threat and cognitive bias assessments. In general, future replication studies may benefit from a full pretest-posttest design, which may help disentangle the effects of temporal factors on all relevant variables.

The results point to the complexity of the interplay among situational features, personality traits, and cognitive processes. Situations of potential threat seem to engage cognitive processes more than the situations of real threat, possibly due to their more pronounced ambiguity and openness to interpretation. In the situations of real threat, effects of personality traits emerge, probably triggered by the need to overcome present danger.

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